HOW TO USE

Read these instructions before you start using fluticasone propionate and salmeterol inhalation powder and each time you get a refill. There may be new information. This information does not take the place of talking to your healthcare provider about your medical condition or treatment.

Before the first use of each prescription:

• Before your first use, take the fluticasone propionate and salmeterol inhalation powder inhaler out of the foil pouch. The counter should read 60.
• Write the date you opened the pouch on the first line of the label and the “use by” date on the second line of the label. The “use by” date is 1 month after the date you opened the pouch.
• Fluticasone propionate and salmeterol inhalation powder is for oral inhalation use only.

Follow these steps every time you use fluticasone propionate and salmeterol inhalation powder.

Step 1
Open your fluticasone propionate and salmeterol inhalation powder inhaler.

• Hold the inhaler in your left hand and place your right thumb in the thumb grip. Push the thumb grip away from you until the mouthpiece shows and snaps into place.

Step 2
Slide the lever until you hear it click.

• Hold the inhaler in a level, flat position with the mouthpiece towards you. Slide the lever away from the mouthpiece until it clicks.
• The counter will count down one dose. The inhaler is ready to use.

TIP

Follow the instructions below so you will not accidentally waste a dose:

Do not close the inhaler. Do not tilt the inhaler. Do not move the lever on the inhaler.
Inhale your medicine.

- Before you breathe in your dose from the inhaler, breathe out (exhale) as long as you can while you hold the inhaler level and away from your mouth. Do not breathe into the mouthpiece.
- Put the mouthpiece to your lips. Breathe in quickly and deeply through the inhaler. Do not breathe in through your nose.
- Remove the inhaler from your mouth and hold your breath for about 10 seconds, or for as long as is comfortable.
- **Breathe out slowly as long as you can.**
- The inhaler delivers your dose of medicine as a very fine powder that you may or may not taste or feel.
- Do not take an extra dose from the inhaler even if you do not taste or feel the medicine.

Close the inhaler.

- Place your thumb in the thumb grip and slide it back towards you as far as it will go. Make sure the inhaler clicks shut and you cannot see the mouthpiece.
- The inhaler is now ready for you to take your next scheduled dose in about 12 hours. When you are ready to take your next dose, repeat Steps 1 through 4.

Rinse your mouth.

- Rinse your mouth with water after breathing in the medicine. Spit out the water. Do not swallow it.

When should you get a refill?

The counter on top of the inhaler shows you how many doses are left. After you have taken 55 doses, the numbers 5 to 0 will show in red. These numbers warn you there are only a few doses left and are a reminder to get a refill.

For correct use of the inhaler, remember:

- Always use the inhaler in a level, flat position.
- Make sure the lever firmly clicks into place.
- Hold your breath for about 10 seconds after inhaling. Then breathe out fully.
- After each dose, rinse your mouth with water and spit it out. Do not swallow the water.
- Do not take an extra dose, even if you did not taste or feel the powder.
- Do not take the inhaler apart.
- Do not wash the inhaler.
- Always keep the inhaler in a dry place.
- Do not use the inhaler with a spacer device.